## October Acts of Kindness

\_\_ acts completed

Collect mittens for the homeless

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Say 3 thank you Make a casserole for your neighbor

Support a small business

DONATE OLD

Donate to a food bank

Volunteer at a humane society

Bake cookies for firefighters LEAVE A
KIND NOTE
SOMEWHERE

Meet someone new

OFFER A
COMPLIMENT
12

Thank a mailman

Support a farmer BUY SOMEONE GROCERIES Give someone a care package

Collect pop tabs for Ronald 17 McDonald Support a kid's sports team

Make someone laugh Give someone in need a coat

Pick garbage up

Visit a nursing home

Wash 23 someone's car

Give a hug

Help someone prepare for winter donate no-sew 26 blankets

Put quarters by a vending machine 27

Volunteer at a school/library

HELP SOMEONE AT THE STORE BUY SOMEONE'S LUNCH

Donate to a pet shelter