

# MAY RANDOM ACTS OF KINDNESS

--- acts completed

Natural  
BEACH X LIVING

1 Help  
someone  
study

2 Go to a  
community  
event

3 THANK A TEACHER

4 Bring someone  
flowers

5 MEET SOMEONE  
NEW

6 Pick up  
litter

7 Encourage a  
student

8 HELP someone  
pull weeds

9 Wash  
someone's car

10 Leave change  
at a laundromat

11 VOLUNTEER  
AT A SHELTER

12 SUPPORT  
SOMEONE  
LOCAL

13 Leave bubbles  
at a  
playground

14 write a  
thank you  
note

15 Tell someone  
you love them

16 Recycle

17 Start a  
lemonade stand and  
donate profits

18 Draw a picture  
for someone

19 Turn off the water  
when not using it

20 DO A CHORE  
WITHOUT  
BEING ASKED

21 water  
plants

22 CLEAN SOMETHING  
FOR SOMEONE

23 Share

24 Get to know  
someone new

25 Don't complain

26 Make dinner  
for a neighbor

27 Tell someone  
you're grateful  
for them

28 Smile

29 Give a hug

30 Encourage  
someone  
to recycle

31 Tell a  
joke