

JULY RANDOM ACTS OF KINDNESS

--- acts completed



Hand out ice pops

1 Visit a nursing home	2 Give the mailman water	3 Tell someone you love them	4 ENCOURAGE SOMEONE	5 Bake cookies for librarians
6 Pick up litter	7 write a thank you	8 Create a lemonade stand. Donate profits	9 Leave a kind note	10 ENCOURAGE RECYCLING
11 Volunteer	12 Give a compliment	13 Donate spare change	14 Leave notes in library books	15 Tell a joke
16 Donate to a food pantry	17 Pay for someone behind you	18 Read to someone younger	19 VOLUNTEER AT A SHELTER	20 write a letter
21 Do an extra chore	22 Share a snack	23 Help a neighbor with yard work	24 Help someone with groceries	25 Turn off water when you're not using it
26 Offer to dog walk	27 Smile	28 Write cards to sick children	29 Make dinner for someone	30 GIVE A HUG
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