

100 Fun Things to Do at a Sleepover

- 1. Build a blanket and pillow fort**
- 2. Have a movie marathon**
- 3. Make friendship bracelets**
- 4. Play truth or dare**
- 5. Create DIY face masks**
- 6. Have a dance party**
- 7. Tell scary stories with flashlights**
- 8. Play board games**
- 9. Make pizza from scratch**
- 10. Create a fashion show with mix-and-match outfits**
- 11. Do karaoke**
- 12. Make TikTok videos**
- 13. Play charades**
- 14. Have a nail painting session**

- 15. Bake cookies or brownies**
- 16. Play hide and seek in the dark**
- 17. Make a time capsule**
- 18. Create a sleepover playlist**
- 19. Have a pillow fight**
- 20. Make s'mores (indoors or outdoors)**
- 21. Play "Would You Rather"**
- 22. Create a scavenger hunt**
- 23. Make friendship smoothies**
- 24. Play Twister**
- 25. Have a talent show**
- 26. Make slime**
- 27. Play "Never Have I Ever"**
- 28. Create DIY photo booth props and take pictures**
- 29. Have a blindfolded makeup challenge**
- 30. Play flashlight tag**

- 31. Create vision boards**
- 32. Have a pajama fashion contest**
- 33. Play "Heads Up"**
- 34. Make tie-dye pillowcases**
- 35. Have a hot chocolate bar**
- 36. Play Pictionary**
- 37. Make friendship pizzas**
- 38. Have a prank call session (keeping it friendly)**
- 39. Create handprint art**
- 40. Play Marco Polo around the house**
- 41. Make popcorn and add fun toppings**
- 42. Have a hula hoop contest**
- 43. Create DIY room decorations**
- 44. Play "Two Truths and a Lie"**
- 45. Make sundaes with different toppings**
- 46. Create a murder mystery game**

47. Play "Telephone"

48. Make DIY scrunchies

49. Have a dance-off competition

50. Create friendship books

51. Play "20 Questions"

52. Have a spa night with foot soaks and massages

53. Make a short film

54. Play "Guess That Song"

55. Create DIY dream catchers

56. Have a thumb wrestling tournament

57. Make homemade ice cream

58. Play "Simon Says"

59. Create secret handshakes

60. Have a mocktail mixing contest

61. Play "Musical Pillows" (like musical chairs)

62. Make friendship cookies

- 63. Have a staring contest**
- 64. Create origami animals**
- 65. Play "Who Am I?" with sticky notes**
- 66. Make DIY glitter jars**
- 67. Have a limbo contest**
- 68. Create comics about the sleepover**
- 69. Play "The Floor is Lava"**
- 70. Make DIY lip gloss**
- 71. Have a thumb war tournament**
- 72. Play "I Spy"**
- 73. Make shadow puppets**
- 74. Have a candy tasting contest**
- 75. Create a sleepover memory jar**
- 76. Play "Red Light, Green Light"**
- 77. Make personalized mugs with permanent markers**
- 78. Have a joke-telling competition**

- 79. Create t-shirt designs**
- 80. Play "Freeze Dance"**
- 81. Make DIY snow globes**
- 82. Have a whisper challenge**
- 83. Create bucket lists together**
- 84. Play sardines (reverse hide and seek)**
- 85. Make fortune tellers (paper)**
- 86. Have an indoor picnic**
- 87. Create a group story (each person adds a sentence)**
- 88. Play "Rock, Paper, Scissors" tournament**
- 89. Make DIY bath bombs**
- 90. Have a handstand or cartwheel contest**
- 91. Create friendship collages**
- 92. Play "Celebrity"**
- 93. Make friendship milkshakes**
- 94. Have a pillow sack race**

95. Create DIY bookmarks

96. Play "Categories"

97. Make friendship candles

98. Have a "Minute to Win It" game night

99. Create secret codes and messages

100. End with a sleepy-time yoga session